



Windsor's youth receive lifesaving training

Wednesday, November 14, 2012 4:47:36 EST PM



A group of students participated in a demonstration on CPR and defibrillator use. (TARA JEFFREY/THE OBSERVER/QMI AGENCY)

Dear Windsor This Week:

Good article re: Grade 11 and 12 students learning CPR through a special training session for more than 300 Grade 11 and 12 students at L'Essor High School in Tecumseh as part of CPR month.

Read article [here](#)

I am delighted to say that in fact all Windsor – Essex high schools deliver the CPR training program to all students at the Grade 9 level every year. In 2005, the ACT Foundation donated 870 CPR training mannequins to 30 high schools in the region and Physical Education and Health teachers were trained as Instructors to teach all students. More than 6,000 are trained every year in the 30 high schools.

The ACT Foundation is working in partnership with the Government Ontario and communities to equip high schools throughout Ontario with the CPR and defibrillation program, start-up resources and teacher training, so schools can deliver the program and ensure all youth receive this lifesaving training as part of their high school education. CPR was inserted into the provincial curriculum in 1999 and over 1.4 million students have been trained by their teachers to date, with an additional 148,000 trained each year.

By ensuring CPR training is free for all students as a part of their high school experience, we are ensuring all youth receive the training and it becomes a life skill. Many lives have already been saved.

Sandra E. Clarke, Executive Director, ACT Foundation