



## ETSB Teachers take AED training to heart

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Twelve teachers from the Eastern Townships School Board (ETSB) were given training in the use of automated external defibrillators (AEDs) yesterday as a part of the ACT Foundation's High School CPR program. The training, held in the gymnasium of Alexander Galt Regional High School, is meant to help not only prepare the teachers in question for an emergency situation, but also to help disseminate the lifesaving knowledge and skills to the students in the ETSB, as well. Four Teachers from each of the board's three High schools, Alexander Galt, Richmond Regional, and Massey-Vanier, were present for the training.

"We appreciate being part of the ACT High School CPR and AED Program," expressed Peter Hamilton, Director of Complementary Services for the Eastern Townships School Board. "Having qualified trainers in our high schools will make it easier for our students to learn these important life-saving skills for free."

The ACT Foundation is a national charitable organization dedicated to establishing CPR and AED training as a mandatory program in every Canadian high school. The Foundation has already established the CPR program in more than 1,600 high schools across Canada, 351 of which are in Quebec, allowing more than 1.8 million youth to have been trained in CPR to date. Among those trained, almost 250,000 are Quebecers.

Dr. Wayne Smith, ACT's local medical director was on site to give a clearer picture of the impact of providing this kind of training on a broad scale.



Massey Vanier High School teachers Jeremy Anderson and Donald Kerr hard at work saving the life of a CPR practice dummy. Photo: Gordon Lambie