

## Teaching students to save lives

Written by Mike Aiken on Wednesday, 29 May 2013



*Guelph students learn CPR and defibrillator use, in order to save the lives of cardiac patients.*

Sandra Clarke is part of a nation-wide foundation that's teaching kids how to save lives. The ACT Foundation is visiting Beaver Brae tomorrow, where students will be learning to use both CPR and defibrillators.

"Research tells us, when someone suffers a cardiac arrest, their chances of survival can be increased up to 75 per cent, if someone who witnesses the event knows to start CPR and if there's a defibrillator nearby and that person can use that defibrillator," Clarke said.

"What we're trying to ensure is -- not only will there be a defibrillator in the high schools -- but students will know how to use them," she continued.

Trainers from the foundation will be at Beaver Brae tomorrow morning, as part of the school's community wellness day.

The Advanced Coronary Treatment (ACT) Foundation is the national charitable organization dedicated to establishing free CPR as a mandatory program in every Canadian high school. According to the foundation, more than 1.8 million youth have been trained by their high school teachers, with an additional 250,000 being trained each year.

For more information:  
ACT Foundation