

CHSS to teach lifesaving skills

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It will soon be more likely that for every life-threatening emergency happening in Prince Rupert, someone on hand will know just what to do. In late June, seven Charles Hays Secondary School (CHSS) teachers underwent lifesaving training, learning CPR and defibrillator skills as well as topics pertaining to heart health.

Because of their new training, it's expected over 150 students will learn these lifesaving skills every year at CHSS. It's all made possible by the Advanced Coronary Treatment (ACT) Foundation and British Columbia Emergency Health Services, who as community partners with CHSS, have helped bring the program to the north.

"These are lifesaving skills that students will be able to bring to their current and future families and communities," said ACT foundation executive director Sandra Clarke in a release. Thirty training mannequins and four automated external defibrillator units have also been received by the high school.