

# Ladysmith Chemainus Chronicle

## Students learn defibrillator, CPR skills

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Students demonstrate resuscitation techniques using a training defibrillator and CPR during a news conference at Dover Bay Secondary School Nov. 6

Defibrillators, CPR training part of LSS learning Ladysmith Secondary – and secondary students throughout Nanaimo-Ladysmith School District – will get lessons in how to resuscitate people using defibrillators and CPR.

The program is offered to the district by the Advanced Coronary Treatment (ACT) Foundation, with the help of its sponsor the Royal Bank of Canada, and health partners: AstraZeneca Canada, Pfizer Canada and Sanofi Canada.

ACT provides training mannequins, training defibrillators, and curriculum material. CPR training is provided to teachers in partnership with the BC Emergency Health Services. Then the teachers pass on the knowledge to students.

“Through this self-sustaining program, teachers as instructors are in charge of training all their students before graduation, every year, as part of their phys-ed classes,” said Nives Jahibasic, communications coordinator with the ACT Foundation.

“Every year, 1,100 students from the seven public secondary schools will learn how to use a defibrillator in addition to CPR skills,” Jahibasic said. “Schools will also receive a defibrillator for on-site cardiac emergencies.”